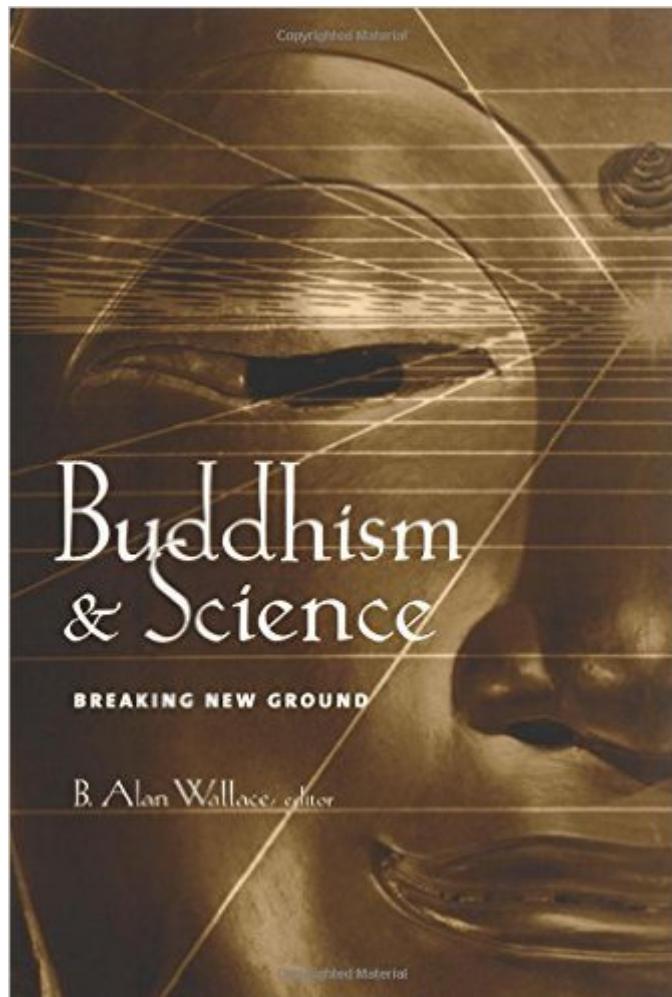


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# Buddhism And Science



## Synopsis

Distinguished philosophers, Buddhist scholars, physicists, and cognitive scientists examine the contrasts and connections between the worlds of Western science and Buddhism. Contributors, the Dalai Lama among them, assess not only the fruits of inquiry from East and West, they shed light on the underlying assumptions of these disparate world views.

## Book Information

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This is an interesting and informative collection of essays illustrating some of the many facets of the relationship of Buddhism and modern science. Not only does it capture the harmony and complementarity of Buddhist & scientific understanding of the self and nature, it also argues decisively against the pseudo-scientific and relativist ideas found in the New-Age and "post-modernist" fads. In the end, one is impressed with the degree to which this ancient methodology of self knowledge is compatible with the scientific method. It really offers a spirituality that does not fly in the face of the evidence around us.

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